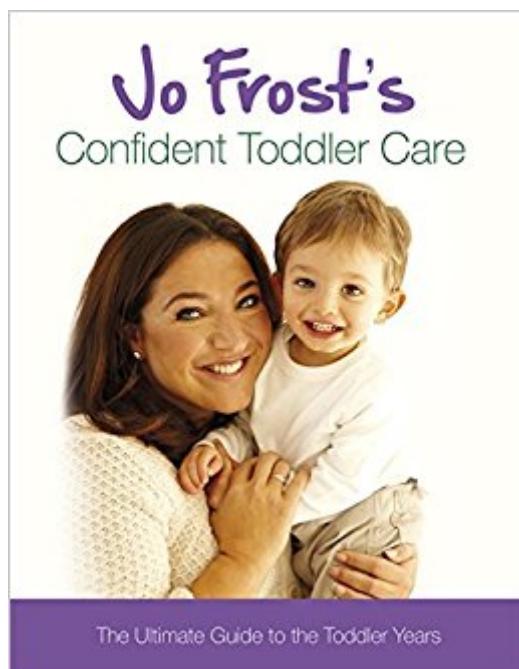


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# Jo Frost's Confident Toddler Care: The Ultimate Guide To The Toddler Years



## **Synopsis**

The No. 1 bestseller and must-have guide to confident baby and toddler care from the UK's most trusted nanny. Jo Frost shares her wealth of knowledge and years of experience to help you raise your toddler with confidence and give him or her the best start in life. Packed with practical advice, reassurance and simple yet effective techniques to help you deal with all the challenges that raising a toddler involves, Jo will give you the confidence and the know-how to raise a happy and contented toddler. She addresses common battlegrounds, such as mealtimes, dressing, sleeping and potty training, and takes you step-by-step through her tried-and-tested techniques to deal with them simply, patiently and effectively. Jo also offers guidance on how to plan your toddler's day hour by hour to ensure he or she is getting the right balance of stimulation and relaxation, offers support and guidance for working and single parents, and shows again and again that far from being an exhausting challenge, the toddler years are the most fun, entertaining and unique years to be cherished and enjoyed.

## **Book Information**

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## **Customer Reviews**

Jo Frost is one of the UK's leading childcare and baby experts. She presents the hit TV show *SUPERNANNY* and has become the nation's preferred nanny. For more information visit Jo Frost's website at <http://www.jofrost.com>. You can also follow her on Twitter at [https://twitter.com/Jo\\_Frost](https://twitter.com/Jo_Frost), and watch videos via <http://www.youtube.com/JoFrostDotCom> and <http://www.ustream.tv/channel/jo-frost>.

I bought this when I became a grandmother. It's funny what you forget when you haven't taken care of a baby or a toddler for 20 or 30 years. It's great for refreshing old brains and for informing new mothers of the correct way to raise a toddler.

She really knows what she is talking about. More parents should get this before their child arrives so they are prepared!

did not give me as much tips as I was going for, especially when dealing with behaviors

this is the comprehensive toddler care book i've been looking for!

she is my hero so this is like carrying her around in my pocket. it's a nice reference for people who babysit, too, to see how we generally handle things and situations they might have questions about.

GREAT INFO

luved it

Great advice with information on how to successfully execute said advice

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